

**Treating Adult Survivors of Childhood Sexual Abuse—
Addictions, PTSD, and Other Co-Occurring Disorders
NOVEMBER 16, 2007**

SUMMARY

In this workshop, participants will receive a brief overview of the etiology of mental illnesses and addiction, as well as best treatment practices for working with co-occurring disorders (including Axis I and Axis II) and trauma. A focus will be placed on treating adult survivors of childhood sexual abuse who have addictions, PTSD, and other co-occurring disorders. The treatment of mental illnesses and addiction will be presented and discussed from several different theoretical perspectives and treatment modalities, including Trauma Focused Cognitive Behavioral Therapy, motivational interviewing, and Eye Movement Desensitization and Reprocessing (EMDR). Attendees will also have an opportunity to participate in experiential group work to enhance their skills in working with this population. Participants will leave this workshop with an increased understanding and awareness about the interactions between PTSD, Addiction, and other Co-Occurring Disorders in persons who have experienced trauma(s).

OUTLINE AND AGENDA

8:30 Registration

9:00 Begin

Etiology of mental illnesses and addiction with different theoretical perspectives

10:15 Morning Break

10:30 Resume

Addictions and Co-Occurring Disorders in Adult Survivors of Childhood Sexual Abuse and other trauma survivors

12:00 Lunch

1:00 Resume

Best treatment practices

2:30 Afternoon Break

2:45 Resume

Experiential group activities

4:30 Adjourn

OBJECTIVES

- Participants will gain awareness and knowledge about the interactions between PTSD, Addiction, and other Co-Occurring Disorders, especially as they relate to adult survivors of childhood sexual abuse
- Participants will increase their understanding of co-occurring disorders and how one disorder influences and interacts with other disorders
- Participants will increase their understanding of the etiology of mental illnesses and addiction
- Participants will participate in hands-on group activities to enhance their own skills in working with this population
- Participants will learn and review different treatment modalities and best-known practices for working with this population
- Participants will utilize case scenarios to practice application of various techniques to be used when working with this population